
The Tuddenham Tattler

Issue No 39

May 1996

Flower Festival & Open Gardens

Sat. 1st, & Sun. 2nd June, 2-5pm.

Come to the Tuddenham Festival with free admission to see the flowers in the Church, £2 (under 16 free) to see all nine gardens with teas and cake stalls. Map for the gardens will be available at the entrance to each garden. Gardens vary from village cottage gardens to country gardens with woodland walks.

CONCERT SAT. 8.00pm

£3.50, £3 for concessions, for light music in the Church with wine and nibbles in The Old Vicarage Stable. Details from Gill Cruickshank on

FESTIVAL EVENSONG

Sun. 6.30pm

Guest preacher is Roy Tricker.

Car parking through gate in Mr. and Mrs. Welham's field on the Witnessham walk, Village Hall, Lark's Hill, and Poplar Farm. Disabled parking on farm track 'tween Old Vicarage and Warley Cottage. Contribution of cakes and plants for the stalls will be very welcome.



Inside This Issue

Neighbourhood Watch Page 2

Reedings Lane Inquiry Page 3

The Fountain Page 4

Parish Council Page 6

Cyclists' Touring Club Page 8



Neighbourhood Watch

If, like me, your gardening only really gets going in the Spring, may Neighbourhood Watch remind everybody that garden sheds, garages and outbuildings generally hold quite a lot of resalable goods. It is all too easy to go into lunch leaving these buildings open and unlocked, but how many of us would hear someone helping themselves while we listen to the radio or watch T.V., especially with a nice meal in front of us? Apart from good locks, if we put our post code on expensive items they become much more difficult to sell.



Windows are also a good give away. Cover them over, white wash them, and above all, make sure they are well secured.

A determined thief will not be stopped, but a casual one might think twice.

Janet Wells.

Editor: I understand that there have been several car break-ins in this area recently. Let's not have any in Tuddenham!

We have also heard of suspicious happenings in The Fynn Valley. If you see anything that should be reported do contact our village policeman, P.C. Steve Warne on 01473 383460 or your

Dear Editor,

I live at "Thornbank", a residential home in Ipswich. On Sunday, 5th May, we gathered together to welcome a group, mainly children, who had come from the lovely village of Tuddenham to entertain us "Oldies". Having seen and enjoyed them previously I was particularly anxious to be part of the audience, so much so that, although invited to friends for the day, I returned home at 2.30pm so as not to miss anything!

First, being a teacher in Ipswich for more years than I care to remember I could identify with Victoria's amusing "I am a teacher" poems. Later, being joined by Elizabeth, we enjoyed more poems. Lorna then delighted us with her violin playing, being accompanied by her mother. We were equally delighted with Katy's piano - playing alone and with her mother. Well done all of you!

We thoroughly enjoyed two items in which we could join. Firstly "She'll be coming round the mountain when she comes", and "If you're happy and you know it, clap your hands". Full marks to whoever (can I guess?) thought of turning these into such enjoyable items of entertainment.

Lastly we were treated to a finale of piano playing by one of the talented grown ups and this concluded a much appreciated and enjoyed afternoon.

When there is so much criticism of young people these days, some of which, I must say, is justifiable, it is good, and restores one's faith in human nature, to see this group enjoying the worthwhile things in life.

Our thanks are due to Margaret Taylor. I guess she's the battery that gives life to the group.

The refreshments which followed were well and truly deserved.

Please come again soon.

Barbara Mauldon.

Women's Institute

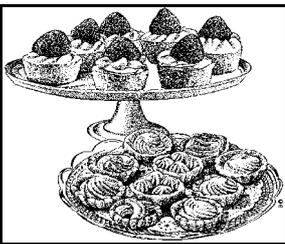
The Soup and Sweet morning was a great success. I know because I was there. I'm always keen on any food which I haven't had to spend time and effort on preparing so I looked forward to the "S & S" day.

The hall looked lovely. The tables set with crisp linen, gleaming glasses set off with delightful table decorations. The appetizing soup smell made my mouth water. The choice was very interesting but I finally decided on Carrot and Coriander. I had two helpings which I relished, but almost wished I hadn't when I saw the sweets.

I am a glutton for chocolatey, creamy puds and couldn't resist a second visit. I think the W.I. could go into a very thriving business with such talents!

I settled, replete, to listen to Peter Woods, a retired nursery owner, Tattler contributor and father of David of Panto fame. He made the container and hanging basket work look and seem so simple but of course he is a professional. The concentration of his listeners was great. Questions on What happened to my slow release feed pills last year? I found them still intact when I emptied the pot in the Autumn? Is it O.K. to feed "leftovers" to plants? Apparently one of the audience gets rid of her leftover gravy, cider, tea, beer, and soup in this way!!!

The general comment was; What a great idea, When are you going to do it again? Yum, Yum. Congratulations to



Over 60s Coffee Morning

The morning was, as always, a very pleasant coffee break and a financial success too. It is only a small club but always manages to give us the pleasure of a relaxed hour or two. I understand some £155 were raised.

REEDINGS LANE INQUIRY

Recently I received from the planning Inspectorate, Bristol, the report of the Inspector (T. Farmer) who conducted the inquiry into the status of Reedings Lane. It states that both County Council Orders are confirmed, namely that Reedings (Green) Lane will have the **BRIDLEWAY** classification and that the description and numbering of the footpaths as modified is confirmed. The report runs to fifteen pages and my copy is available for people to borrow.

I enquired with the County Council as to the next step and was a little surprised to be told there is a further stage of approval to be surmounted. The result of the Public Inquiry has to be advertised in the press and the public have the right to object to the procedure employed leading to and at the Inquiry. I was assured that in no case has this step yet altered a decision of these Inquiries. After this stage, probably taking a couple of months, the County Council will post permanent notices at the ends of the Bridleway.

I feel confident that the Bridleway result will be generally welcomed in the village. I am pleased - it is more than ten years since I started to try and influence uncontrolled use of Reedings Lane by traffic

The Fountain

It was with great surprise I heard that “new” people were taking over the village pub. Needless to say speculation was rife so in my usual manner I set out to seek the truth of the matter.

I was delighted to meet such a pleasant and co-operative couple as Rosemary and Peter Bailey and to hear about some of their previous life.

They originally lived in Suffolk but have very recently spent ten years in Ecuador where Peter ran a catering business in the jungle for “oil” people. He has often catered for the President of Ecuador who flew in by helicopter!!

Rosemary ran an “English Pie Shop” in Quito, where they also had a bar and restaurant.

They have two daughters and an adopted son, Marco, who is attending Grundisburgh School. The younger daughter is to be married in June and

will be joining them in The Fountain. The eldest daughter will be helping out for a short time.

Peter is keen to try out new ideas. If you have any please contact him. My younger son has already suggested an evening when those who play musical instruments can

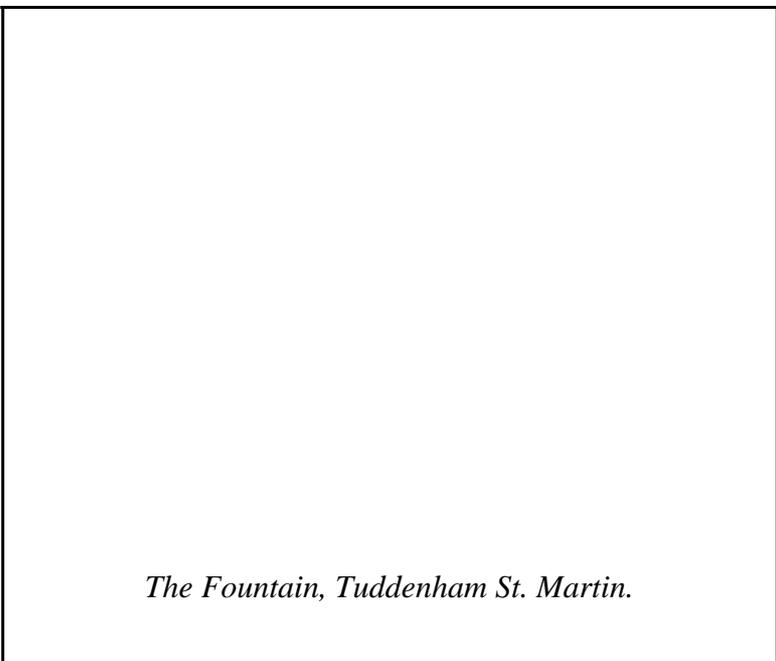
meet in a relaxed manner and play together - possibly a folk club.

Peter hopes to offer a variety of beers - again please ask if you have a particular favourite and he will do his

best.

Rosemary and Peter are very interested in the “meals” side of the business and with their wide experience will be able to make a start soon. Actually I have already heard from someone not in the village how good a particular meal was.

So.... after all the rumours that have been flying around you now have the real story as told by the



The Fountain, Tuddenham St. Martin.

Parish Council Meeting

This meeting was attended by our County Councillor, Mr. Bestow, and District Councillor, Mr. Jowers, The Parish Council and members of the public.

At the A.G.M. Malcolm Rees, who was re elected as Chair along with Bill Pipe as Vice Chair, gave his annual report. He welcomed the unveiling of the village sign by the late Carl Giles with the following reception at Pear Tree Cottage. The final chapter will be the placing of a plaque on the post explaining the picture and naming those involved in it's production.

He recalled the continuing success of many village activities such as the Toddler group, Bowls club, Over 60s, T.A.D.P.O.L. E.S., Safari Supper, Summer fete and Tattler Quiz night.

The Inquiries regarding the Northern By pass, status of Green Lane and use of land at Hill farm had been attended by Andrew Gunn, John Arthur and Ralph Taylor for which he gave thanks.

Malcolm concluded by thanking the councillors and clerk for their support throughout the year.

The Clerk presented a financial statement for the year ready for the annual audit. Please contact the Clerk on **785588** or at 5, The Granaries if you wish to see more details of how your money is spent.

At the Parish Meeting it was agreed that no further action would be taken over the bus stop for now. The Council welcome continued

maintenance of the village hall pond by the Greenways Project. Problems with misdirected mail have now been researched by a resident who found that using a postcode on the bottom line of the address, with nothing else on that line, will avoid letters going to Tuddenham St. Mary, near Bury St. Edmunds.

The Council have been offered free trees by the Landscape Officer. These can be planted on public or private land as long as they are visible to the public. Do you know of any good sites? In previous years the council have planted many trees but this year nobody seems to want any. The search continues for a new Tree Warden...is it you? Please phone Clerk on **785588**.

The Clerk has reported defects in the road near the telephone box and outside Primrose Cottage.

Inquiries have been made as to the ownership of the fence around the playing field and there is to be a site inspection by the Estates Officer for the District Council in order to decide whether they will replace it.

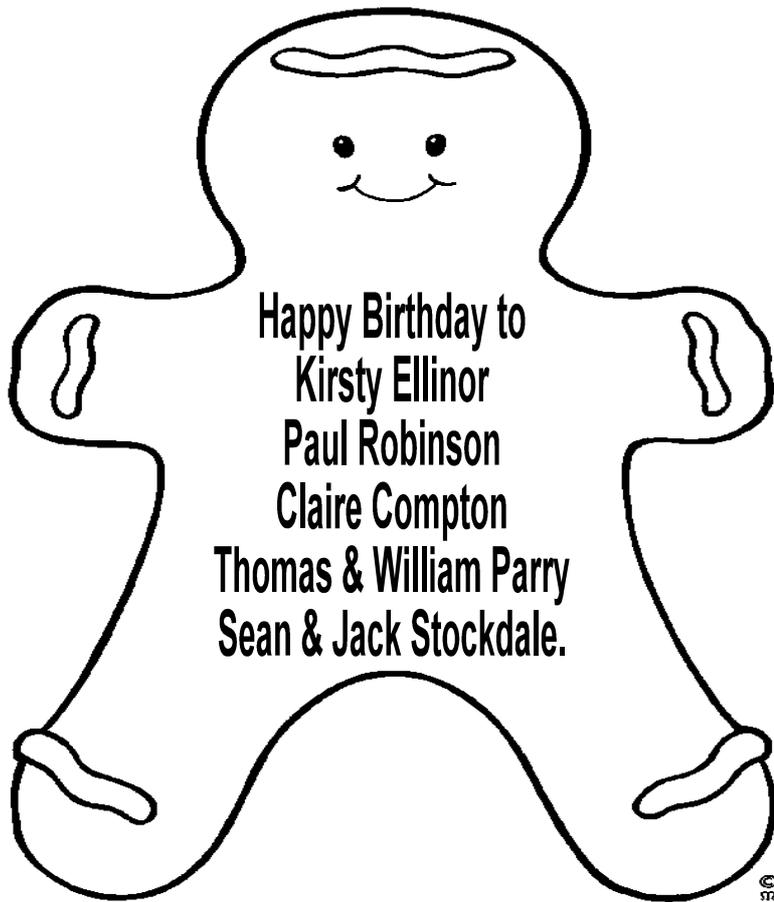
The next Council Meeting will be on Tuesday September 3rd and all villagers are welcome to attend.

MRS. D.O. READ
RGN MSSCh MBChA
(Chiropodist)



**Tudor Cottage, The Street,
 Tuddenham St. Martin,
 IP6 9BT**

home visits: ☎ 01473 785122



Congratulations

Old Man Taylor is a Grandpa again with the joyous birth of Rosie, a sister for Thomas.

Welcome

Welcome to Jo and Matthew who have moved into 12, The Street. We look forward to meeting them soon... perhaps at the coffee morning at Pear Tree Cottage in June.

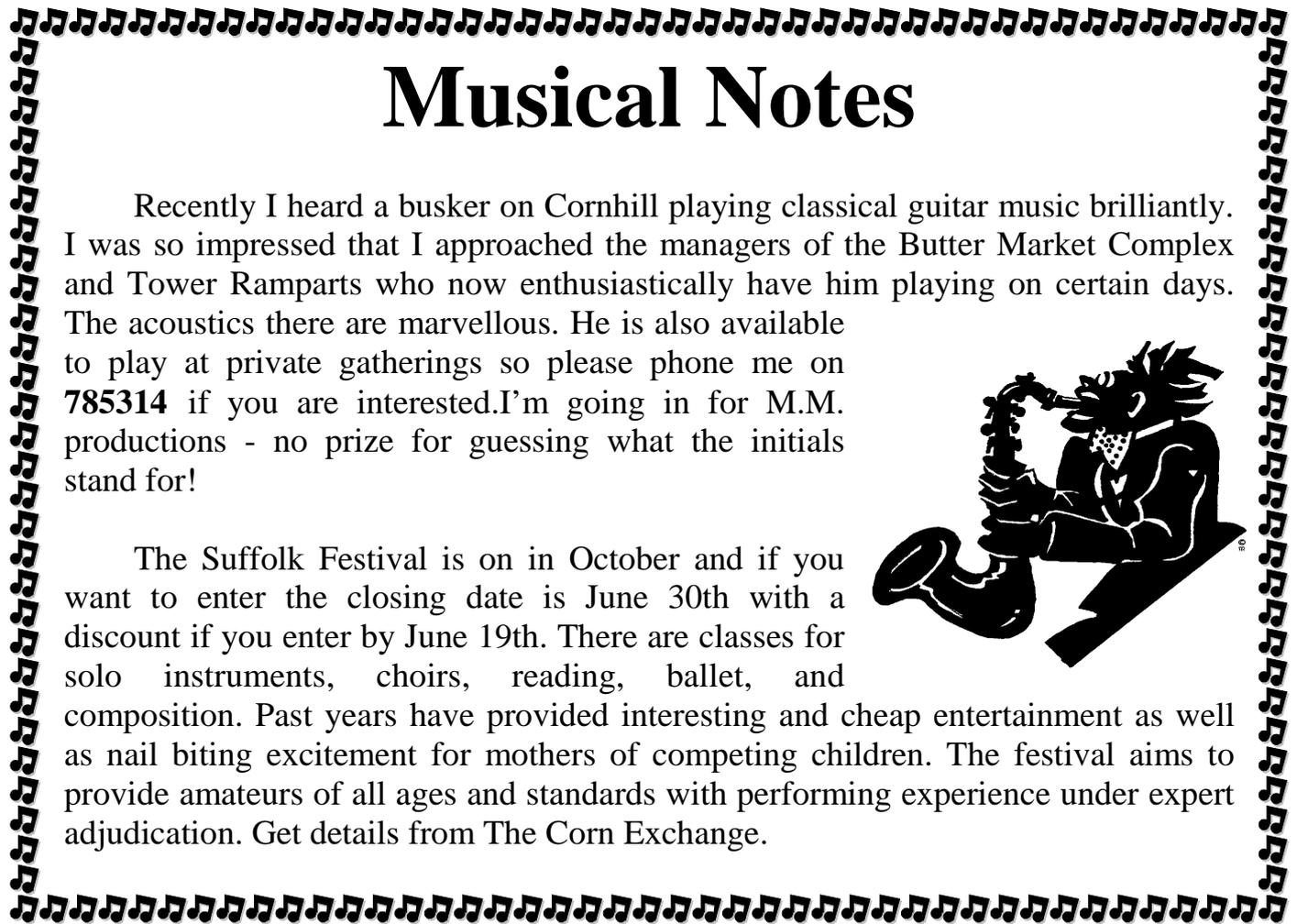
Christian Aid Collection

Thank you to those who helped with the collection and the generosity of those who donated £227.10 this year.

Musical Notes

Recently I heard a busker on Cornhill playing classical guitar music brilliantly. I was so impressed that I approached the managers of the Butter Market Complex and Tower Ramparts who now enthusiastically have him playing on certain days. The acoustics there are marvellous. He is also available to play at private gatherings so please phone me on **785314** if you are interested. I'm going in for M.M. productions - no prize for guessing what the initials stand for!

The Suffolk Festival is on in October and if you want to enter the closing date is June 30th with a discount if you enter by June 19th. There are classes for solo instruments, choirs, reading, ballet, and composition. Past years have provided interesting and cheap entertainment as well as nail biting excitement for mothers of competing children. The festival aims to provide amateurs of all ages and standards with performing experience under expert adjudication. Get details from The Corn Exchange.



Mother's New Experience

I'm always looking for "new experiences" much to my family's amusement. "Look, that's you on your Dance Day" was the frequent remark made recently whenever they saw anyone gyrating madly on T.V. I don't care. I'm used to it.

What a fantastic Saturday it was at the Northgate Dance Centre. From 2pm till 10pm my mind was buzzing. The **Bolivian** session was a lovely introduction mainly due to the very relaxed manner of the teacher. Next Frank, the **Irish** teacher started a session with "basic" steps - not to me as I couldn't even hop at the right time. However we eventually progressed to a dance which, with a lot of pushing and shoving, we managed to get through. I can feel the beads of perspiration just remembering it all. Scarlet faces, puffing and gasping seemed to be the final result, but what fun it all was. Finally the **Flamenco** session which we staggered to next. I've always known I have poor coordination but I didn't realise how bad it was till we were shown how to clap and stamp at the same time but in different rhythms. I just couldn't do it. But I did manage the dramatic hand and arm movements while my feet were just doing their own thing. How patient and encouraging the teacher was, so much so that several enquired about long term courses.

Now I realise that to move to any other rhythm than my own is impossible for me but I thoroughly enjoyed all the sessions which rank very high on my "new experiences" list - and I'll be there again!

Reeling Reporter.

We hope you enjoyed the articles on cycling in our last issue. Some interesting feedback included the observation that adults on bikes must be careful to set a good example to children regarding safety. How often do you see children wearing a helmet but their parents with bare heads? Another frightening sight is a cyclist whose hands are not on the handlebars.

National Bike Week starts in a few days. There will be displays on The Cornhill on Saturday 1st June, an easy ride from Ipswich to Felixstowe on Sunday, another to Swilland on Tuesday evening, with the tandem club joining in on Thursday evening on a trip to The Turk's Head, Hasketon. On Saturday 8th June, there is a "try a bike" event. Look out for posters about other events during the week. There will be one on our noticeboard. Or phone Pete Whelan, (see page 9), on 01394 385281 - he is General Secretary of The Suffolk Cyclists' Touring Club.

Another cycling destination is Tangham Forest. Take your own bike or hire from "Pedal Power", (☎610500), who even have tandems and wheelchair adapted bikes. There is free parking, with picnic sites and toilets. If you go in Autumn you can eat your way round - my six year old cycled eight miles on blackberry power!

Editor.

The CTC is a national organisation representing the interests of all cyclists' of any age and ability. Its membership currently stands at over 40,000 with the aim of reaching over 50,000 members by the year 2000.

In Suffolk, the membership of the CTC is just over 500, a figure that has remained static for a number of years, though we would like to see some real growth. Age ranges in members in Suffolk are from toddlers to a gentleman named Don Salmon who is 96 years young, though he is no longer an active cyclist.

Our oldest active cyclist is a young man of 81 years named 'Wink', to those who know him. He has lived in Ipswich all his life and been a keen cyclist for the majority of those years. In his youth he was an up-and-coming racing cyclist, riding for Ipswich Bicycle Club. Come out on one of our club rides and meet him. He can tell you some very interesting stories (he is also an expert wheel builder) about his travels and experiences. For his age he is incredibly fit and able to cycle a great distance at a reasonable pace.

What toddler members of families there are tend to ride in a child seat on the back of the bike, or more popularly in a covered trailer towed behind; in fact trailers are even suitable for small babies. You don't need to be super fit to pull a trailer, but just use a bit more energy. They are ideal for short runs into town, without the hassle of car parks or for picnic runs into the countryside. Other youngsters are either seen on their own bicycle, on a trailer bicycle or on tandems adapted to enable them to reach the pedals. Tandems are very much into a revival period at the moment, secondhand ones selling very quickly, especially those with a small rear position.

To gain fitness by using a bicycle you don't need to have a particularly expensive machine, just something that you are comfortable with and that is in a decent road-worthy condition. Anything beats using an exercise bike in the bedroom, with the boredom that it creates, even if you watch videos of the Tour de France at the same time!

There is nothing better than getting out into the fresh air and making the exercise work for you, by that I mean as a tool for getting from A to B, home to work, school or shops. Most journeys that people make are calculated as being of less 5 miles, which is a good distance to stimulate the heart muscles and lungs. But won't I breath in more car fumes? Maybe, but you are also pushing them out harder than if you sit in a car in traffic doing very little exercise. Studies have shown that people who cycle in high traffic conditions are healthier. What about

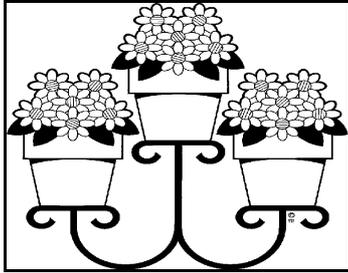
safety on a bicycle, am I not more vulnerable? Well, if more people cycled then there would be fewer cars on the road and conditions would get better. If you chose your routes into town and only use the minor roads in the countryside then the risk of injury is very small, and maybe better than in a car. If you cycle in a group of three or more, then you are a lot more visible to other road users therefore the safety

level. It is also more fun being in a group as both the distance and speed tend to increase as you go along chatting.

How much cycling do I need to do to get fit or loose weight? That all depends on the individual, but a few miles each day can help stabilise or reduce weight. My wife says that if she didn't cycle, she would not be able to have a bar of chocolate each day and maintain her weight! Getting fit depends on the level at which you exercise, more strenuous will give faster gains. Cycling near to your anerobic threshold (i.e. almost your maximum aerobic capacity) will give you a moderate increase in fitness and maximum weight loss. For a person weighing about 10 stone and cycling at about 14mph, they would be able to cycle for 10 miles using the energy of a Mars bar. If you don't eat the Mars bar to start with the energy has to come from body fat instead.

Throughout the year, the CTC organise cycle rides on Tuesday evenings, and during the day on Thursdays and Sundays. People come and go at various times of the day depending both on the distance to be covered and other commitments. We also take an active role in organising events during National Bike Week, which this year runs from 1st-

Grower's Diary - May

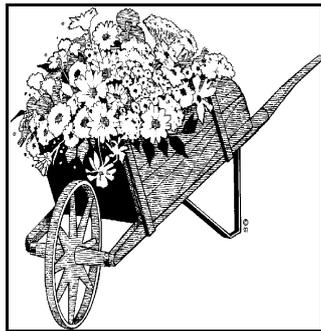


Hanging Baskets

The positioning of hanging baskets is very important. Those hung in the full sun can be made up with trailing Geraniums, Verbena, Helicryshum, Cascading Petunias and Trailing Lobelia. Those to be hung in partial shade are best planted with one variety of Trailing Fuchsias.

The preparation is most important. Use a good proprietary brand of compost and add a few pellets of Ficote or Osmacote. Plastic baskets need a few broken pieces of clay pots or small stones to assist drainage. Wire baskets need to be lined with moss and then a piece of black plastic which has been pierced several times inside the moss lining. This will prevent the compost from falling through the

moss but will allow drainage. The baskets should be filled with compost and the plants in order of size with the largest in the centre. Do not hang up the baskets immediately but allow the plants to



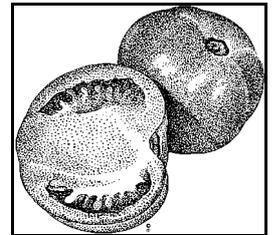
establish themselves in a greenhouse or conservatory for two to three weeks. Sometimes in the Summer baskets need watering twice a day. Feed at least once a week being liberal with the feed, eg. a tsp of Phostrogen iper gallon of water. Don't rely on rain as it usually runs off the leaves onto the ground below.

Annual Bedding plants.

After preparing borders add a handful of Growmore to the square yard. Do not buy bedding plants in flower except, perhaps, White Alyssum. Make sure the plants have been well hardened off but do not plant until 20th May. Plant to the same level as the existing soil level of the plant. A thorough soaking should be sufficient to enable the plants to establish themselves. Only water if the plants are wilting, the evening is the best time as the sun quickly evaporates moisture.

Vegetables

Continue to sow Carrots, beetroots, lettuces etc. and to plant out all that have been raised in the greenhouse. Tomato plants can be



planted out in unheated greenhouses but do not use the same soil as in the previous year. They succumb easily to soil borne diseases. Early in the day take out the brittle side shoots. Do not feed until the first flowers have set. Spray with a fine spray each morning and tap the plant canes to assist pollination. Watch out for night time temperatures if you are raising Cucumbers, Melons and Peppers. They prefer a heated greenhouse.

Dahlias and Chrysanthemums.

Plant out Chrysanthemums one foot apart and tie to a three foot cane. Plant out Dahlia tubers two to two feet six apart and two feet between each row. Strong wooden stakes are necessary as they can grow up to three feet high and two feet six in diameter. Dahlias grown from cuttings should not be planted out until after

